

What does stress actually mean and what are the seeds of what we call illness?

Physiological stress manifests itself through an imbalance between the two opponents of our autonomic nervous system, which controls 99 % of all bodily processes: the parasympathetic nervous system being responsible for control and maintenance of our body functions, and the sympathetic nervous system for its rescue.

In a fight or flight situation, the sympathetic nervous system ensures that the muscles take over, whereas the activity of the parasympathetic nervous system is reduced: hardly any blood flow, hardly any cell supply, hardly any oxygen supply to non-vital organs, i.e. no regeneration. Just like a warship in a combat situation that cannot unload its waste and can't take in any supplies.

A cleaning crew in a hail of gunfire — that's hard to imagine, isn't it?
Unfortunately, most of us remain in this state of combat for far too long and the consequences of stress occur at a cellular level.

Low metabolism and low oxygen supply damage our immune cells; and the weakest points in our body, whether the cells of the liver, blood or bones, will slow down their function. This is the beginning of so-called functional disorders, the vanguard of disease.

72 % of Germans say that they prefer sport and exercise to combat stress. In reality, according to a 2013 report by Techniker Krankenkasse, only 22 % actually do some kind of sport.

One in two Germans rarely or never.

Functional disorders often begin at the age of 40 and lead to illness 10 to 20 years later — which is alarming in view of our steadily increasing life expectancy thanks to the achievements of medicine and technology.



Airnergy Little Atmos Plus

The Energy Station

... a kind of forest air generator, an innovative technological development by pioneers, doctors and scientists of the German company and manufacturer Airnergy.

The small air spa technologically recreates a crucial process of Mother Nature, i. e. one of the key processes of photosynthesis.

The resulting atmosphere is comparable to the energy of healthy forest air and is thus freely available almost anywhere in the world.



Stress is Measurable, and so is the Effect of Airnergy: HRV Test since 1980

Heart rate variability (HRV) testing measures the variations in the time interval between heartbeats as well as the corresponding inhalation-to-exhalation ratio. It then compares the two patterns: a straightforward, reliable and easily reproducible approach. For home use on a computer or wristwatch. A procedure with less than 1 % placebo results, comparable to computer tomography (CT).

Airnergy Results:

A decrease in both respiratory rate and pulse rate, and thus an immediate improvement in cell supply and performance — the prerequisite for regeneration. (Test can be provided on request.)

,It's functional!'... full stop ... that was once upon a time!

Who doesn't know this statement? Almost a judgement. Often early in life. Unfortunately, most doctors think so, too. You can see it in their face. But that's the way it is. Or rather, that's how it used to be. Why? Functional disorders relate to regulatory systems such as our nervous, immune and hormonal systems. They cannot be influenced at will and only work together as a whole. Our (self-)healing depends on their respective regulatory state, their regulatory scope or rigidity. This affects not only the individual cell, but also the surrounding cell environment, the intercellular milieu.

In many cases, for conventional medicine this is difficult to understand. The main indication for those affected is to opt for a natural healing method such as Airnergy Spirovital Therapy (Latin spirare = to breathe, vita = life). Without known side effects — with the active ingredient of pure breathing air.

Airnergy Spirovital Therapy versus Oxygen Therapy

Airnergy is not about supplying pure oxygen or ozone, neither is it a method of ionisation. Its broad spectrum of effectiveness is explained solely by the biological importance of oxygen in general.

Airnergy makes oxygen available. And it does so when and where the body is no longer able to do so by itself or to the full extent. For example, in cases of stress, illness or increasing age.

Your own Airnergy Device at Work?

... that may be quite an unusual idea — and it may seem a larger sum — even when considering the rising amount of health insurance deductibles, or the rising costs for companies due employees' absence from work and sick days, as we are currently seeing with Long-Covid. Leasing the device might also be an option.

One could also say that it doesn't ,only' benefit your employees. You might also want to use the appliance for the well-being of your family, for your son's burnout syndrome or your grandchild's allergies, as well as for the benefit of employees and colleagues in befriended companies. It is therefore also a device for use in the neighbourhood with low running costs (water and electricity).

The Power Dwarf*: Little Atmos Plus

Little Atmos Plus is the most frequently requested device for corporate health and corporate customers. It requires very little space and fits on almost any workstation, desk or next to a PC.

Financing through leasing or hire purchase is possible, which makes it easy to get started with corporate health promotion in a fast and uncomplicated way, and it is readily accepted.



For further detailed information on this topic, as well as sample calculations on refinancing and profitability, please refer to the Airnergy data sheets at https://downloads.airnergy.com

The Proof of the Pudding is in the Eating: Just give us a call and ask your questions: We will be happy to advise you.

*On request Airnergy will manufacture customised products, e.g. for employers, in their own corporate design.

Leasing, Refinancing, Subsidies and more ...

In today's world, investing in your employees pays off in key areas of your company like never before. Employees are happy to accept it, feel good about it, and they feel valued by their employer. As a result, they are often more productive, more motivated and more focussed throughout the day, especially after their lunch break. Staff motivation increases and absenteeism often decreases.

Ask for our brochure ,Résumés from Practice'.

Find out below about the many ways in which Airnergy can help you get your company in shape:

Sample Calculation:

A company with **50 - 100 employees** plans to equip its employees with 10 ,Little Atmos Plus' respirators. The investment requirement is around **€ 2 per employee per day** ...

If required, there is no need to interrupt work; application can take place during working hours.



AIRNERGY MODEL	Little Atmos Plus	Professional Plus compact	Avant Garde "platin" "blanc" "noir"	Avant Garde "cristal"	Travel Plus V2 "silver" "black"
PURCHASE PRICE	€ 3,100.00	€ 5,000.00	€ 7,000.00	€ 7,500.00	€ 9,000.00
29 MONTHS	€ 130.62	€ 210.67	€ 278.56	€ 298.46	€ 358.15
39 MONTHS	€ 100.75	€ 174.12	€ 229.25	€ 245.62	€ 294.75
48 MONTHS	€ 84.57	€ 136.41	€ 178.30	€ 191.04	€ 229.25
60 MONTHS	€ 70.64	€ 113.30	€ 147.88	€ 158.44	€ 190.13

Valid from: 01/01/2024

Note: All prices are net prices and do not include the applicable statutory VAT.

Funding Possibilities:

Investing with a high return and at no cost? This is possible with the right strategy and taking into account a wide range of public support, e. g. through BGF (WHP) / BGM (CHM) and AFA (DWT)*.

**Please note that tax conditions may vary depending on your federal state or country. Therefore, please consult your tax advisor.

Our staff at Airnergy love what they do and will be happy to advise you on corporate health care, purchasing, financing and leasing: +49 2242 - 93 30-0

*(BGF / WHP) Betriebliche Gesundheitsförderung / Workplace Health Promotion; (BGM / CHM) Betriebliches Gesundheitsmanagement / Corporate Health Management; (AFA / DWT) Absetzung für Abnutzung / Depreciation for Wear and Tear

Possible Applications and Reliable Areas of Use

- Difficulty falling asleep and sleeping through the night
- Headaches and migraines
- States of exhaustion
- Lack of concentration
- Burnout syndrome
- Chronic fatigue
- Sleep apnoea
- Jet lag

- Heart and vascular diseases
- Joint problems
- Sprains
- Dighetes mellitus
- Macular degeneration
- Tinnitus
- Bronchitis
- (OPD)

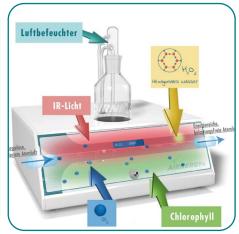


Application and Treatment:

Airnergy treatment is uncomplicated, does not involve the intake of exogenous substances and is generally used to support the healing process. It does not replace a visit to the doctor.







What do Others Say?**

Airnergy has been a part of my daily life for several years, like brushing my teeth or taking a shower [...] Airnergy has the paradoxical quality of revitalising and calming at the same time. [...] It's a really stimulating, revitalising device that I wouldn't want to be without. I am a self-confessed Airnergetic.' Herbert Grönemeyer, German music producer, singer and actor

,My experience with this therapy has been consistently positive. Patients repeatedly report that they feel significantly more efficient and better after their Airnergy treatment. I have many patients who have been doing regular treatment courses of up to 20 sessions each, once or twice a year for many years, and who swear by the therapy.' Dr. med. Roger Eisen, medical doctor and a specialist in internal medicine, general medicine, naturopathy, sports medicine; Bad Griesbach, Germany

,I did a self-experiment for several months and was totally thrilled [...] I felt an incredible vitality, especially in these critical times.' Andreas Popp from wissensmanufaktur.net

AN OPTIMAL CHOICE FOR CORPORATE HEALTH WITH AIRNERGY

Airnergy brings the smallest spa in the world to your workplace, enabling you to indulge in wellness treatments while meeting your deadlines. This, perhaps, is the most significant and noteworthy advantage of incorporating Airnergy into corporate health. It delivers health benefits and boosts productivity to the right individual, in the right place, and at the right time.

If we classify work-related health issues, they typically fall into two categories: mental and physical. These two aspects are interconnected, with one influencing the other. As breathing serves as the bridge between the mind and body, Airnergy operates on this interconnection, contributing to holistic well-being.

The most pivotal attribute of Airnergy breathing lies in what it ultimately introduces into our bodies. Under normal circumstances, we breathe ambient air, which comprises a mixture of oxygen along with various gases, dust, electromagnetic radiation, and particles, including PM 2.5. Not only can these harmful particles cause damage to our bodies, but oxygen itself can lead to the generation of Reactive Oxygen Species (ROS) as a byproduct of energy transfer. Moreover, about two-thirds of the inhaled oxygen is exhaled back into the air when we breathe out.

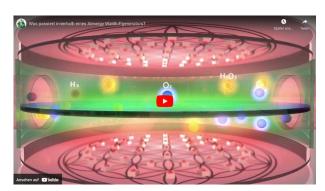
Airnergy transforms this paradigm. Initially, it filters out harmful dust and PM 2.5 particles, after which it activates the energy transfer process of oxygen within the device, akin to how plants convert sunlight through photosynthesis. The energy generated is immediately captured by water in the sparking element. Consequently, when you breathe using Airnergy, you intake pure green energy and clean air. This process alone leads to increased oxygen absorption in the bloodstream, as demonstrated in scientific studies.'

Excerpt from the article: <u>CORPORATE HEALTH - A way to pave a healthy workplace</u> by Jibin Chi, MD, MBA, MBI

https://airnergy.com/chm



The way to pave a healthy workplace | QS24.tv https://youtu.be/m210B4I5VIE



What happens inside an Airnergy vitalizer?

→ https://youtu.be/yiXUIf1-ggU

We would love to answer your questions so that you can find out what Airnergy can do for you as well as for your employees, your colleagues, your family and your fellow human beings. Give us a call:

+49 (0) 2242 - 93 30-0

Be healthy by Breathing













Curiosity keeps us alive.

Trust and give yourself the chance to try out what your body has known for ages.

The forces of nature are wonderful but often remain forgotten until we experience them anew.

Now we hopefully have aroused your interest to learn more about what Airnergy can do for you.

We look forward to welcoming your and wish you good breathing.